

TROOP 219



Boy Scout Troop 219

4550 Legacy Drive

Plano, Texas 75024

Christ Episcopal Church, Charter Organization

TROOP 219



Dates of campout _____ to _____
 Patrol Members: PL _____
 APL _____

Tent Assignments:
 (1) _____
 (2) _____
 (3) _____
 (4) _____
 (5) _____

SPL _____
 ASPL _____
 Troop Guide _____
 will eat with Patrol ? Yes No _____
 Menu Approval _____

Saturday - Breakfast	Duty Roster	Breakfast Menu
Cook	_____	_____
Assist. Cook	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Water	_____	_____
Fire - Start & Tend	_____	_____
Fire extinguish	_____	_____

Saturday - Lunch	Duty Roster	Lunch Menu
Cook	_____	_____
Assist. Cook	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Water	_____	_____
Fire - Start & Tend	_____	_____
Fire extinguish	_____	_____

Saturday - Dinner	Duty Roster	Dinner Menu
Cook	_____	_____
Assist. Cook	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Water	_____	_____
Fire - Start & Tend	_____	_____
Fire extinguish	_____	_____

Sunday - Breakfast	Duty Roster	Breakfast Menu
Cook	_____	_____
Assist. Cook	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Cleanup	_____	_____
Water	_____	_____
Fire - Start & Tend	_____	_____
Fire extinguish	_____	_____

GROCERY LIST

Bread

Milk

Juice

Eggs

Cheese

Fruit

Vegetables

Meat

Bacon

Sausage

Deli - meats

Cereal

Pasta

Canned Goods

Frozen foods

Snacks

Desserts

Paper goods

Foil

Snacks

Spices

Flour

Sugar

Grocery List Planner

Sandwiches requires 2 times # eating divided by 22 =number of loaves

Deli meat - 1 1/2 to 2 ounces each Sandwich

Salad - 1 bag serves 5-6 big salads

French toast requires 1 1/2 eggs per person and three slices of bread

Pancakes and biscuits look at box for serving count and cooking directions

Raw meat - 6 to 8 ounces each person more if bone in.

Chicken - 1 breast or 2 thighs or drumsticks per person

Milk 8 oz a day per person - divided by 128 = number of gallons

Juice & Drinks - 16 ounces minimum each - each day

Vegetables:

Corn & Green Beans - one can serves 4-5

Baked Beans - one large can serves 6

Potatoes - 1 medium for each person

Cobbler for 8 -

2 cans of fruit filling, 2 cake mixes, 2 eggs, 3/4 cup milk, 1 stick butter

option 3 cans of fruit - no milk use juice for mixing

Estimate your quantities and buy appropriately

Don't forget seasonings!